Pool Activity Schedule

Fall Semester r.8/31/2021

Schedule Questions? Contact Front Desk 207-778-7495

** Confirm class offering through group fitness schedule

	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
	6:00am - 9:00pm				6:00am - 9:00pm				6:00am - 9:00pm				6:00am - 9:00pm				6:00am - 8:00pm				9:30am - 8:00pm				9:30am - 9:30			
	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1	Open Area	Lane 3	Lane 2	Lane 1
6am																					Opens at 9:30am				Opens at 9:30am			
7am	**HT Water Exercise 7:30am																**HT Water Exercise 7:30am											
8am																												
9am																												
10am					** Water HITT 10:30am												** Water HITT 10:30am											
11am																												
12pm																												
1pm																												
2pm																												
3pm																												
4pm																												
5pm					** Water HITT 5:15am								** Water HITT 5:15am															
6pm																												
7pm																												
8pm																	Closed @ 8:00pm				Closed @ 8:00pm							
9pm	Closed @ 9:30pm				Closed @ 9:30pm				Closed @ 9:30pm				Closed @ 9:30pm												Closed @ 9:30pm			
10pm																												