



Annual Canoe & Kayak Race and Fun Run

(Sponsored by the UMF Fitness & Recreation Center's Mainely Outdoors Program)



Saturday, April 29th, 2023

11:00 A.M. start time

Join us for an 11 mile paddle on the Sandy River in your Canoe or Kayak!

Compete against others in your category **or** make this a fun family event!

Paddler 1

Name: _____
 Address: _____
 City/State/Zip: _____
 Phone: _____
 Email: _____
 Birth Date: _____

Paddler 2

Name: _____
 Address: _____
 City/State/Zip: _____
 Phone: _____
 Email: _____
 Birth Date: _____

Classifications

| Check One | CODE | CLASS | Male/Female (circle one) |
|-----------|---------|---|--------------------------|
| | K1M | Kayak Solo Men | M |
| | K1F | Kayak Solo Women | F |
| | K2 | Kayak Tandem | M or F |
| | OC1 | Open Canoe Single | M or F |
| | OC2HS | Open Canoe 2 Person High School | Mixed |
| | OC2COL | Open Canoe 2 Person College | Mixed |
| | OC2M | Open Canoe 2 Person Men | M |
| | OC2W | Open Canoe 2 Person Women | F |
| | OC2CENT | Open Canoe 2 Person Century | M or F |
| | OC2MF | Open Canoe 2 Person Mixed Gender, Age or Family | Mixed |

Registration Fees
 Make Check Payable to FRC

- 2-person Crafts = \$25 or \$15 for UMF students
- 1-person Crafts = \$15 or \$10 for UMF students
- Free Canoe/Kayak Rentals for UMF students

FRC Administrative Use Only

Amount Due: \$ _____ Pay At Race _____ Paid at FRC _____

Paid: Check _____ Cash _____ Staff _____

Canoe Rental _____ Kayak Rental _____

Classification Key

- High School: currently in High School
- College: currently attending college
- Men/Women: ages 18-49
- Century: age 50 & over
- Mixed or Family: any canoe with mixed gender, age category or family (*children ages 12 – 14 allowed if paddling with an adult*)

I hereby assume all of the risks and hazards incidental to the conduct of said activity. I hereby release, absolve, indemnify, and hold harmless, the University of Maine at Farmington, the UMF Fitness and Recreation Center, and the Fitness Center employees and volunteers from any damage and/or liability arising out of or in connection with the participation in said activity. In the event of injury to myself, I assume responsibility therefore, and hereby waive any and all claims for damages or loss against the University of Maine at Farmington, and the UMF Fitness and Recreation Center and its employees.

Signature of paddler

Signature of paddler

Parent/Guardian signature if under 18

Parent/Guardian signature if under 18

RELEASE and ASSUMPTION of RISK

ANNUAL SANDY RIVER CANOE/KAYAK RACE & FUN PADDLE

I, being of legal age, agree as follows.

1. That I voluntarily agree to participate in the activity as stated on the reverse side of this form, and in consideration of being permitted to participate in this activity, do voluntarily execute this "Release and Assumption of Risk" on behalf of myself, my heirs and next-of-kin, my personal representatives and my estate.
2. I acknowledge that I have been fully informed of the nature, scope and demands of this activity, and I understand that this activity may include other similar activities which could be dangerous to me. *See below for risks and dangers of specific activity.
3. I accept and assume full responsibility for all harm and injury, of every nature, including death, which may occur to me or which I may suffer, and for all damages or loss to any personal property owned by me while I am participating in this activity and, in furtherance thereof, I agree to indemnify and hold harmless the University of Maine System, its Trustees, faculty, employees and agents from and against any and all claims, demands, actions or causes of action, on account of damage to my personal property or my personal injury, or death, which may occur or result directly or indirectly from my participation in this activity, and which are not the result of the negligent act or omission of the University of Maine System, its Trustees, faculty, employees and agents.
4. I understand that it is not the purpose of this activity or the responsibility of the University of Maine System that safety rules and regulations be taught but only that reasonable safety standards be adhered to and agreed to by all participants. I acknowledge that the University of Maine System does not serve as guardian of students' safety and its faculty, employees and agents will not be responsible for administering any required first aid, treatment or medication to me.
5. I declare that I am able to physically withstand and cope with the indicated rigors of this activity with or without any accommodation. If an accommodation is needed, I will be responsible for any accommodations I may need.
6. I request that this "Release and Assumption of Risk" be construed and interpreted pursuant to the laws of the State of Maine, and if any portion thereof is held invalid, I request the remainder continue in full force and effect.

I declare that I completely understand and have fully informed myself of the terms and conditions of this "Release and Assumption of Risk" by having read it; or having it read to me, before signing.

*Such dangers, hazards and risks of this activity may include, but are not limited to, injuries inflicted by the following: *canoeing, kayaking, paddling, capsizing, entering/exiting from water, cold water, temperatures, unforeseen objects in water, river conditions, and any other risks associated with river kayaking and canoeing.*

Signature of paddler

Signature of paddler

Date

Parent/Guardian signature if under 18

Parent/Guardian signature if under 18

Date